

ATHLETE'S DECLARATION

BIB Nr: _____

RACE NAME:

In understanding that my signature to this declaration does not in any way reduce or limit the responsibility of the competition organiser with respect to the installation and preparation of competition installations or in the carrying out of the competition. I

Family Name	First Name	Age	Nation
Sex: Male <input type="checkbox"/> Female <input type="checkbox"/>			

make the following declaration:

1. Identification of Risk

I am fully aware and conscious of the dangers involved in the performance of all UCI and NCF calendared sports and of the dangers caused by gravitational forces, be it during training runs or during the actual competition. I recognise that there is a risk in reaching excellent results which requires me to stretch my physical abilities to the absolute limit. I know and accept, that the above mentioned dangers may threaten anyone within the competition and training area, and may include environmental conditions, technical equipment, and atmospheric influences as well as natural or manmade obstacles. I am aware that certain movements or actions cannot always be anticipated or controlled and therefore cannot be avoided or prevented through safety measures.

2. Acknowledgement of Risk

I acknowledge that it is up to me personally to assess whether any competition or training course is too difficult for me. I agree that I will conduct my own inspection and I will immediately notify the jury of any obvious safety concerns I may have. By starting in a competition, or taking part in training I acknowledge acceptance of the suitability and condition of the course. I also agree that I am responsible for the choice of the equipment I have used and for the selection of my line through the course and my ability to handle this line.

3. Personal Liability

I understand that I may be found personally liable to third parties for damages arising from bodily injury or property damage they have suffered as a result of my participation in training or competition. I agree that it is not the responsibility of the organiser to inspect or supervise my equipment. I agree that I will make myself familiar with the applicable competition regulations before taking part in such competition.

4. Dispute Resolution

I agree that prior to commencing a claim in any court of competent jurisdiction, I shall first submit my claim before an Arbitration Court which is constituted in accordance with the Statutes and Regulations of the Court of Arbitration for Sport (CAS). In case I am not in agreement with the decision of this Court, I am free to bring or re-institute any such claim before any Court of competent jurisdiction. This Athlete's Declaration is also binding on any relatives, personal representatives, heirs, successors, beneficiaries, next of kin or assigns who might pursue any legal action.

I have read the above Athlete's Declaration and I hereby declare that I have personal accident insurance covering medical care/treatment in Norway.

Location	Date	Signature of athlete
----------	------	----------------------

For athletes of minority age (according to national laws):

This is to certify that, as parent/guardian of this participant, I do consent to his/her agreement to be bound by each of the terms and conditions identified above.

Name(printed) – Parent/Guardian	Date	Relationship	Signature of Parent/Guardian
---------------------------------	------	--------------	------------------------------

This form must be delivered/signed when you pick up your bib.